



Athlete Support and Development Policy

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Ratified By	Member Clubs
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1. Purpose

To provide a structured framework for supporting athlete development across all levels, ensuring access to coaching, resources, competition, and welfare services.

2. Scope

Applies to all athletes registered with JudoTT who are part of the National Team, development squads, or talent pathways.

3. Athlete Support Measures

- **Coaching Access:** National and club coaching programs tailored to athlete level.
- **Training Camps:** National and regional camps with technical and physical preparation.
- **Performance Monitoring:** Fitness tests, competition reviews, and progress tracking.
- **Education & Mentorship:** Guidance on career, sport psychology, and personal development.
- **Medical & Nutrition:** Access to physiotherapy, nutrition advice, and injury management.

4. Funding and Scholarships

- Athletes may apply for travel grants or support for international competitions.
- JudoTT will maintain transparent criteria for funding allocation.

5. Responsibilities

- Athletes: Commit to training, competition, and personal development plans.
- Coaches: Provide individualized guidance, mentoring, and feedback.
- JudoTT: Ensure equitable access to development opportunities.

6. Review

Annual review by the National Coach and Executive Committee to update athlete support programs.

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